

27th Annual Conference PRIMARY CARE UPDATE

April 30 – May 1, 2010
Red Lion Hotel at the Park
Spokane, Washington

PRODUCED AND SPONSORED BY

The Inland Northwest Academy of Family Physicians
Family Medicine Spokane Residency Program
Area Health Education Center of Eastern Washington, WSU Extension

Bloomsday Run - Sunday, May 2

The Inland Northwest Chapter of the Washington Academy of Family Physicians, Family Medicine Spokane Residency Program and the Area Health Education Center of Eastern WA, WSU Extension are proud to sponsor the 27th annual PRIMARY CARE UPDATE.

The success of this format in the past has created an exciting opportunity for physicians and other health professionals to participate in educational sessions and workshops designed with the primary care practitioner in mind.

PRIMARY CARE UPDATE CONFERENCE INFORMATION

OBJECTIVES

At the conclusion of this conference attendees should be able to:

- Discuss current diagnostic and therapeutic options for common illnesses and injuries seen in a primary care practice;
- Understand the pathology and rationale for management of select pediatric and adult diseases;
- Identify regional resources for consultation and referral;
- Enhance their approach to primary care medicine and improve overall quality of care.

Individual session and workshop objectives are included in the syllabus.


SYLLABUS MATERIALS

In our commitment to keeping costs as low as possible for PCU, we will provide the syllabus electronically. If you wish to have free print copies of the materials, it is your responsibility to print them before arriving at the conference, whether you pre-register or register onsite.

To help you plan your schedule, syllabus materials will be posted on the conference website (www.ahec.spokane.wsu.edu) as soon as received from the faculty; you may download and print session handouts prior to the conference. It will be each attendee's responsibility to print the free syllabus materials prior to arriving at the conference; there will be no printer capability at the conference.

If you prefer to order a printed copy of the syllabus, you must order it at the time of registration. A limited number of copies will be available at the registration desk at our cost of \$20 each. A free copy of the syllabus will be provided on CD to each attendee with their registration packet.

ACCREDITATION

Participants should claim credits for only those sessions that they attend. All credits are Prescribed Credits and noted in parentheses on the next page; evidence-based CME is noted by this logo. 

This activity has been reviewed and is acceptable for up to 27 Prescribed credit(s) by the American Academy of Family Physicians. Of these credits, 7.5 conform to the AAFP criteria for evidence-based CME clinical content. CME credit has been increased to reflect 2 for 1 credit for only the EB CME portion. When reporting AAFP credit, report total Prescribed and Elective credit for this activity. It is not necessary to label credit as evidence-based CME for reporting purposes.

The EB CME credit awarded for this activity was based on a current clinical question that identifies gaps in learners' knowledge, competency and/or performance in medical practice as identified in the current evidence available at the time this activity was approved. Since clinical research is ongoing and new evidence to supporting practice improvement is constant, the AAFP recommends that learners verify sources and review these as well as practice recommendations prior to implementation into practice.

Application is pending for the AANP and to the Washington State Board of Pharmacy. Please contact the conference office for details.

AUDIO CDS

The lecture sessions and workshops at the Conference will be recorded on CD format. They will be available for each of the sessions at a nominal cost. Therefore, you may attend your selected sessions without missing any other content that interests you. Order forms will be available at the conference.

REFUND POLICY

There will be a \$50 service fee for refunds requested by April 1, 2010. Thereafter, 50% of the fee will be refunded until the first day of the conference. No refunds will be given after the conference begins.

Refunds must be requested in writing and can either be emailed, mailed or faxed to the conference office as noted on the registration form.

CONFERENCE SUPPORT

The PCU Planning Committee is committed to keeping registration fees affordable and appreciates the generous support contributed by:

PLATINUM SUPPORT:

ROCKWOOD

PROVIDENCE
Sacred Heart Medical Center
Sacred Heart Children's Hospital
Holy Family Hospital

BRONZE SUPPORT:

**Inland Imaging
Group Health Cooperative**

CONFERENCE LOCATION & ACCOMMODATIONS

The conference will be held at the Red Lion Hotel at the Park, 303 W North River Drive, Spokane, the same hotel as previous years. A room block has been set aside for PCU participants.

Special convention rates will be available April 28 – May 2, 2010, to accommodate early arrival and participation in the Bloomsday Run on Sunday morning. Hotel/motel space will be at near-capacity on Bloomsday Weekend in Spokane and you are strongly encouraged to call early for reservations at the special rates noted.

Reservations made after March 30, 2010, will be subject to room availability and current prices.

HOTEL RATES

Red Lion Hotel at the Park, Spokane, WA

Single Occupancy \$102

Double+ Occupancy \$122

Identify PCU room block for above rates

For reservations at Red Lion Hotel at the Park call: 1-800-733-5466

Online use reservation code PRI100430 - <http://redlion.rdln.com>

PARKING

Parking is available at the hotel as well as 125 spaces across the street at the Group Health Riverfront Medical Center compliments of **Group Health**. A pass is required and will be handed out on a first-come basis. NOTE: Another 125 passes will be handed out on a first-come basis for the Park & Lock lot. Once the passes are gone, please pay the daily rate otherwise tickets are issued at the owner's expense.

Please note that due to the Bloomsday Weekend, hotel rooms and parking will be at a premium. Call early for reservations!



CHILDREN AT THE CONFERENCE:

Reminder: It is a courtesy to allow children at the conference; please treat it as such and be respectful of others' learning environment.

THURSDAY, APRIL 29, 2010 **PRE-CONFERENCE ACTIVITIES**

7:30 AM – 5:30 PM	PALS COURSE: Sacred Heart Children’s Hospital (8.25)
8:00 AM – 5:00 PM	ACLS and BLS Renewal Course (at St. Luke’s) (7.75 separate credit; not included in 27 possible credits detailed in Accreditation section)
9:00 AM – 3:00 PM	Pediatric Musculoskeletal Course for the Primary Care Provider at Shriners Hospital (4.75)
5:00 – 7:00 PM	Ruling Out Liability: A Risk Management Tool Kit for Office Practice (2.0) — Kim R. Anderson, CPCU <i>Physicians Insurance sponsored course for providers to meet risk management education requirements</i>
6:00 – 8:30 PM Dinner 6:30 – 7:00	DINNER WORKSHOP: Primary Care Endoscopy: New Developments Proton Pump Inhibitors: Safety Concerns with Long Term Use (2.0) — Michael Garnett, MD EVENING WORKSHOP: Precepting Students in WWAMI – Volunteers Needed! (2.0) Deb Harper, MD, John McCarthy, MD, Steven Meltzer, PA-C, Gary Newkirk, MD <i>Sponsored by Inland NW Chapter of WA Academy of Family Physicians</i>




FRIDAY, APRIL 30, 2010 **PRIMARY CARE UPDATE**

7:00 AM	BREAKFAST – EXHIBIT HALL
7:00	REGISTRATION – LOBBY
	PLENARY SESSIONS




NOTE: Numbers in parentheses note individual session credit.  Denotes speakers giving evidence-based presentations. Increased credit reflected below.

7:45	WELCOME
8:00	Obesity & Metabolic Syndrome in Adolescents (.875) Steve Masley, MD
8:55	Chronic Urticaria (.875) Ted Rosen, MD



10:00 **BREAK/EXHIBITS - EXHIBIT HALL** **WORKSHOPS**

10:30	Risky Drugs for the Elderly: An Evidenced-Based Review (1.5  Steve Setter, PharmD	A1 Cutting Edge Nutrition for Primary Care (1.5) Steve Masley, MD	A2 Hospice & Primary Care (1.5) Gregg VandeKieft, MD Bob Bray, MD James Shaw, MD	A3 Drug Dependence and Withdrawal Syndromes (3.0  Matt Layton, MD, PhD	A4 Adolescent Depression: Screening and Treatment (3.0  Bob Hilt, MD
11:20	Geriatricians View of the Hospitalized Patient (1.5  Israel Coutin, MD				

12:00-1:30 PM **BOX LUNCHES – Enjoy!**

1:45	Drugs that May Change Your Practice (1.5  Wendee Gozansky, MD	B1 GI Problems: Birth to School (1.5) Richard Quan, MD	B2 Orthopaedic Hand, Wrist & Elbow Injuries & Assessment (3.0  Kurt Anderson, MD	B3: Dr. John Plastino Memorial Lecture Concussion Management and Cognitive Function Testing (1.5) PZ Pearce, MD	B4 Solving Medical Mysteries: Hidden Stresses and Unexplained Symptoms (1.5) David Clarke, MD
2:30	Management of Fever from Infancy through Childhood (1.5  David Spiro, MD				


3:15 **BREAK/EXHIBITS - EXHIBIT HALL** **WORKSHOPS**

4:00	Evidence-Based Management of Atrial Fibrillation (1.5  David Stagaman, MD	C1 Pediatric Visual Diagnosis (1.5) David Spiro, MD	C2 Geriatric Jeopardy (3.0  Israel Coutin, MD	C3 Drug Interactions: Case Studies (1.5) Wendee Gozansky, MD	C4 Managing Family Abuse Dynamics (1.5) Chris Blodgett, PhD
4:45	Adrenal Deficiency Diseases (.875) Ken Cathcart, DO				

6:00-7:30 PM **RESIDENCY ALUMNI RECEPTION**

SATURDAY, MAY 1, 2010 **PRIMARY CARE UPDATE**

7:00 AM	BREAKFAST – EXHIBIT HALL
	PLENARY SESSIONS
	WORKSHOPS

8:00	Lessons Learned – Influenza 2009-2010 (.67) Joel McCullough, MD, MPH	D1 Dermoscopy (2.0) Ted Rosen, MD	D2 Practical Pearls in Primary Care (4.0  Doug Paauw, MD	D3 Diabetes Series Pediatric & Adolescent Pearls for Diabetic Management (2.0) Laura Fralich, MD-R2 Nancy Minter, MD
8:40	Expedited Partner Treatment for STDs (.67) Matthew Golden, MD, MPH			Adult Diabetes (2.0) David McCulloch, MD
9:20	Unusual Case Presentations of Eating Disorders: Clinical Pearls for the Primary Care Provider (.67) Michelle Hoff, DO			

10:00 **BREAK/EXHIBITS - EXHIBIT HALL** **WORKSHOPS**

10:30	Top 10 Things You Need to Know to Be an Effective Provider for Native American Patients (.67) Katherine Whipple, MD	E1 Get Wild: Expose Yourself to Wilderness Medicine (2.0) Michelle Hoff, DO	E2 The Immortal Gift: Teaching Skills for Providers (2.0) John McCarthy, MD Deb Harper, MD Gary Newkirk, MD	E3 Diabetes Series Cont. Adult Diabetes (1.0) Ken Cathcart, DO
11:10	Children’s Oral Health and Access to Care: A Primary Care Mandate (.67) Wendy Mouradian, MD			Glycemic Control in Hospitalized Patients (2.0  Katherine Griffing, MD
11:50	Evidence Based Obstetric Pearls (.67) Pamil Sidhu, MD			

12:30 PM **CONFERENCE ADJOURNS**

PRE-CONFERENCE WORKSHOPS • ADDITIONAL FEES APPLY

P.A.L.S. WORKSHOP

Pediatric Advanced Life Support Course
(*AHA course - AHA PALS card provided upon successful course completion)

Thursday, April 29, 2010
7:30 am - 5:30 pm
Sacred Heart Children's Hospital

Sponsored by Providence Sacred Heart Medical Center & Children's Hospital Professional Outreach Education Department

FACULTY:

Peter Graves, MD, & Pam Kohlmeier, MD,
AHA - WA PALS National Faculty Course Co-Directors

Dianne Molsberry, RNC, MA
PALS Course Coordinator

AHA-WA Regional Faculty

Additional PALS Faculty

Advance registration by April 16, 2010 is required. Limited to 18 MD/DO participants. No phone registrations will be accepted.

Workshop will be held at Sacred Heart Children's Hospital, Spokane. Since there is limited space, please do not make travel/hotel arrangements until your registration is confirmed. Includes 2006 PALS Provider Materials; the 2008 ECC Handbook (optional) is available for \$18.

Workshop cost is \$150. Plus \$45 book fee, if needed. (The 2006 PALS Textbook and Course Guide are REQUIRED for this course. If you do not have this, we will be happy to send you one with your registration materials.)

Refund Policy for PALS: All refunds will be subject to a \$75 administrative charge. Notification must be received in writing by April 16, 2010. No refunds will be granted within two weeks of the course. Substitutions are encouraged if you cannot attend.

FOR INFORMATION OR TO REGISTER CONTACT:

Shannon Dalsanders,
Professional Outreach Education
(509) 474-7206, EPIC @shmc.org

**The American Heart Association strongly promotes knowledge and proficiency in BLS, ACLS, and PALS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association, and any fees charged for such a course do not represent income to the Association.*

Reviewed and acceptable for up to 8.25 credits by the American Academy of Family Physicians.

PEDIATRIC MUSCULOSKELETAL COURSE FOR THE PRIMARY CARE PROVIDER

Presented by
Shriners Hospitals For Children – Spokane

Thursday, April 29, 2010
9:00 a.m. – 3:00 p.m.
911 W. 5th Ave., Spokane WA 99204

FACULTY:

Paul Caskey, MD
Glen Baird, MD
Bryan Tompkins, MD
Mark McMulkin, PhD
Roberto Auffant, MD

Registration Fee \$50.00

FOR COMPLETE COURSE INFORMATION CONTACT:

Shriners Hospital Medical Staff Services
(509) 623-0428

Reviewed and acceptable for up to 4.75 credits by the American Academy of Family Physicians.

DINNER & EVENING WORKSHOPS

Thursday, April 29, 2010 6:00 - 8:30 pm
Red Lion Hotel at the Park

DINNER WORKSHOP:

**Primary Care Endoscopy:
New Developments**
"Proton Pump Inhibitors: Safety Concerns with Long Term Use"

FACULTY:

Michael Garnett, MD

Provider only dinner program
Registration Required: \$35

Reviewed and acceptable for up to 2 credits by the American Academy of Family Physicians.

EVENING WORKSHOP:

**Precepting Students in WWAMI –
Volunteers Needed!**

FACULTY:

Deb Harper, MD
John McCarthy, MD
Steven Meltzer, PA-C
Gary Newkirk, MD

No Charge but Registration is Required
Hors d' Oeuvres Served

Sponsored by Inland NW Chapter of WA Academy of Family Physicians

Reviewed and acceptable for up to 2 credits by the American Academy of Family Physicians.

RULING OUT LIABILITY:

**A Risk Management Tool Kit for
Office Practice**

Thursday, April 29, 2010, 5:00 - 7:00 pm
Red Lion Hotel at the Park, Spokane

A 2-hour workshop for physicians of all specialties presented and sponsored by Physicians Insurance, Spokane

FACULTY:

Kim R. Anderson, CPCU
Healthcare Risk Management Consultant

NO CHARGE BUT REGISTRATION IS REQUIRED to Estelle Neff at 509-456-5868 or 1-800-962-1398

Fax: 509-456-0821 E-mail: risk@phyins.com

On-line: www.phyins.com

Certified for 2 hours of Category 1 and AAFP credit.

ACLS RENEWAL WITH BLS WORKSHOP ADVANCED CARDIAC LIFE SUPPORT COURSE

(*AHA course-AHA ACLS and BLS cards provided upon successful course completion)

Thursday, April 29, 2010 8:00 am – 5:00 pm
St. Luke's Rehabilitation Institute

Sponsored by Inland Northwest Health Services Health Training Network

Advance registration by April 15, 2010 is required. Space is limited to 24 participants. Late registration will have an additional \$25.00 processing fee. No phone registrations will be accepted.

Workshop will be held at St. Luke's Rehabilitation Institute, Spokane. Since there is limited space, please do not make travel/hotel arrangements until your registration is confirmed.

Workshop cost is \$155.00, plus \$45.00 book fee (if needed) The 2006 ACLS Textbook is required for this course. If you do not have one, we will be happy to send you one with your registration materials. Also available is the 2008 ECC Handbook for \$20.00. (Optional)

Refund Policy for ACLS Workshop: All refunds will be subject to a \$75.00 administrative charge. Notification must be received in writing by April 15, 2010. No refunds will be granted within two weeks of the course. Substitutions are encouraged if you cannot attend.

FOR INFORMATION CONTACT:

Debi Chastain, CTC Coordinator
(509) 252-6760, chastad@inhs.org

Reviewed and acceptable for up to 7.75 credits by the American Academy of Family Physicians.

PRIMARY CARE UPDATE 2010 REGISTRATION

Register Online at www.ahec.spokane.wsu.edu

	Early: POSTMARKED BY APRIL 1, 2010!	Regular	Total Fees
Physician (MD, DO, ND)	\$190	\$210	
Resident/Medical Student/Pre-Med Student Physician Assistant/Nurse Practitioner Student School/Program _____			No Charge <i>*Registration Required</i>
Physician Assistant/Nurse Practitioner	\$160	\$180	
Allied Health/Registered Nurse	\$100	\$120	
Spouse/Guest: Lunch Friday, April 30		\$30	
*Printed copy of syllabus (An electronic form of the syllabus is included with registration on a CD)		\$20	
PRE-CONFERENCE ACTIVITIES: THURSDAY, APRIL 29			
PALS Workshop (MD/DO only): April 29		\$150	
2006 PALS Textbook and Course Guide REQUIRED		\$45	
2008 ECC Handbook (Optional)		\$18	
ACLS and BLS Renewal Course (Current ACLS Card REQUIRED)		\$155	
2006 ACLS Textbook (REQUIRED)		\$45	
2008 ECC Handbook (Optional)		\$20	
Late Registration Fee (After April 15)		\$25	
Shriners: Pediatric Musculoskeletal Course		\$50	
Ruling Out Liability: A Risk Management Tool Kit for Office Practice: April 29 No. of people attending _____			No Charge
Primary Care Endoscopy Workshop: April 29		\$35	
Guest Name _____		\$35/person	
Precepting Students in WWAMI – Volunteers Needed!: April 29 Name(s) of people attending _____			No Charge
TOTAL:			

WORKSHOP SELECTION: Please indicate your session preference for space planning purposes. Sessions are filled on a first-come basis at the conference. Prompt session arrival is strongly suggested. (Some workshops will have a limit of 40 people.)

Friday 10:30 am-12:00 pm

- Plenary Sessions
 A1 A2
 A3 A4

Friday 1:45-3:15 pm

- Plenary Sessions
 B1 B2
 B3 B4

Friday 4:00-5:30 pm

- Plenary Sessions
 C1 C2
 C3 C4

Saturday 8:00-10:00 am

- Plenary Sessions
 D1 D2 D3

Saturday 10:30 am-12:30 pm

- Plenary Sessions
 E1 E2 E3

I request a vegetarian or vegan meal for lunch on Friday.

I give permission to INWAFP/WSU to publish my contact information in the course materials. INWAFP/WSU will not sell, share or otherwise use this information for any other purpose.
Check Here to Opt Out

I give INWAFP/WSU (Primary Care Update) permission to use my contact information to inform me of future educational offerings. This permission may be withdrawn in writing at any time.
Check Here to Opt Out

Check here if you require any special accommodations. Special arrangements can be made with at least two weeks notice in advance of the conference date.

RETURN WITH REMITTANCE TO:

PRIMARY CARE UPDATE
 PO Box 1495
 Spokane, WA 99210-1495
 Telephone: 509-358-7640
 Fax: 509-358-7647
 E-mail: ahec@wsu.edu

REGISTER ONLINE
www.ahec.spokane.wsu.edu

METHOD OF PAYMENT

Check enclosed (Payable to **PRIMARY CARE UPDATE** - preferred method of payment)

Credit Card: Mastercard VISA

Card Number _____

Exp. Date _____ Security Code on Back of Card _____

Cardholder Name _____

Cardholder Signature _____

Name _____ Credentials/Degree _____

Address _____

City & State _____ Zip Code _____

Specialty _____

Place of Employment _____

Daytime Phone _____

Attendee's E-Mail _____

(Registration Confirmation by E-mail Only)

Are you completing this form on behalf of another person?
 If so, please enter your name, phone and e-mail so we may contact you if necessary.

Name _____

Daytime Phone _____

E-Mail _____

(Registration Confirmation by E-mail Only)

REGISTRATION INFORMATION



Inland Northwest Academy of Family Physicians
PRIMARY CARE UPDATE CONFERENCE
PO Box 1495
Spokane, Washington 99210-1495

Address Service Requested

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U.S. Postage

PAID

Spokane, WA

Permit No. 4

April 30 – May 1, 2010

Red Lion Hotel at the Park
Spokane, Washington

Register Early! Share this with a colleague!

FACULTY

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Orthopaedic Specialty Clinic of Spokane, PLLC
Spokane WA

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Washington State University Extension
Area Health Education Center of E. WA
Spokane WA

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Spokane WA

DEB HARPER, MD
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Spokane County Regional Health District
Spokane WA

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Seattle WA

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Champions Sports Medicine
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Spokane WA

TED ROSEN, MD
Baylor College of Medicine
Dermatology Department
Houston TX

STEVE SETTER, PharmD
Washington State University
Elder Services/Visiting Nurses Assn.
Spokane WA

JAMES SHAW, MD
Providence Center for Faith &
Healing
Spokane WA

PAMIL SIDHU, MD
Family Medicine Obstetrics Fellow
Deaconess Medical Center
Spokane WA

DAVID SPIRO, MD
Oregon Health & Science University
Portland OR

DAVID STAGAMAN, MD
Rockwood Clinic
Spokane WA

GREGG VANDEKIEFT, MD
Providence St. Peter Family Medicine
Olympia WA

KATHERINE WHIPPLE, MD
Deaconess First Care/Urgent Care
Spokane WA

27TH ANNUAL CONFERENCE PRIMARY CARE UPDATE PLANNING COMMITTEE

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BLOOMSDAY RUN INFORMATION

The Bloomsday Run is Spokane's annual celebration of health and fitness that will be held on Sunday, May 2, 2010, the day after the conference ends. Bloomsday is the largest timed road race in the country. We encourage your participation and will mail you an application form upon request. The Bloomsday Run is separate from the conference and a small fee is charged for registration, payable to the Lilac Bloomsday Association. *The deadline for early Bloomsday registration is April 13, 2010. Online information and registration is available at: www.bloomsday.org.*

Cover Photo Credit: Spokane Regional Convention & Visitors Bureau/Alan Bisson