

Robert F.E. Stier Memorial Lectures in Medicine

Hidden Stresses & Your Health

Friday, February 26, 2010

Free Public Lecture

David D. Clarke, MD

Oregon Health & Science University

Clinical Assistant Professor of Gastroenterology

Emeritus & Senior Scholar at the Center for Ethics

Author of *They Can't Find Anything Wrong!*



WASHINGTON STATE UNIVERSITY



World Class. Face to Face.

Please join us Friday, February 26, 2010

Hidden Stresses & Your Health

Free Public Lecture

David D. Clarke, MD

Dr. Clarke is a Clinical Assistant Professor of Gastroenterology Emeritus and also

a senior scholar at the Center for Ethics at Oregon Health & Science University. He is board-certified in Gastroenterology and Internal Medicine, and practiced in

Portland, Oregon from 1984 - 2009.

Dr. Clarke has received numerous awards for excellence in patient care and his book about medically unexplained symptoms, *They Can't Find Anything Wrong!*, was published in 2007. His web site is www.stressillness.com.

www.ahec.spokane.wsu.edu

Come learn about hidden stresses, their symptoms and treatments.

- Definition of stress and how it causes physical symptoms
- Inability to diagnose stress illness with medical tests
- Review of the five types of stress capable of causing physical symptoms
- Numerous examples to help listeners uncover their own hidden stresses
- The complex process that links childhood stress to certain personal characteristics in the adult as well as to symptoms
- Treatment techniques for each type of stress

WASHINGTON STATE UNIVERSITY
 EXTENSION

1096

PO Box 1495
Spokane, WA 99210-1495

4:00 – 5:00 p.m., Riverpoint Campus
Academic Center Auditorium, Room 20
600 N Riverpoint Boulevard, Spokane

**RSVP by February 22, 2010 to
(509) 358-7640 or ahec@wsu.edu**

Parking:
Event Parking in Green Lot 1 only next to
Academic Center 3:30 – 5:30 p.m.

If you are a person with disabilities requiring assistance, please call (509) 358-7640 ten days prior to the event you'll be attending to make arrangements.