

# COVID-19

## Returning to Campus: 10 Things To Know

1. Through [Phases 2 and 3](#), teleworking or working at an alternative work location remains the preferred work option. WSU Health Sciences employees who can telework without hampering essential operations should continue to do so.

**Do not report for work unless directed to do so by your supervisor.**

3. In addition to teleworking, your department may consider additional social distancing strategies including alternate days or shifts or staggered reporting/departing. Your supervisor will provide these details.

### 6. Social distancing and personal protection

- Stay at least 6 feet from other people
- Wash your hands often
- No more than one person may occupy an elevator at a time
- Health care workers and others in high-risk areas should follow applicable agency's protocols for using gloves.
- Goggles or face shields are not needed
- PPE is available for positions that require it
- Commonly used surfaces will be wiped down frequently and supplies will also be provided for employees to wipe down surfaces.
- Always cover coughs and sneezes with a tissue or elbow. Immediately wash hands.

9. Specific criteria exist for faculty and staff working in laboratory environments. See [COVID-19: Research Operations at WSU website](#) for additional details.

Find answers to your frequently asked questions at:

[wsu.edu/covid-19](https://wsu.edu/covid-19)

### 2. Certain groups may be at higher risk for COVID-19 infection:

- Older adults (aged 65 years+)
- People of all ages with [underlying medical conditions, particularly if not well controlled](#), including people: with chronic lung disease or moderate to severe asthma; who have serious heart conditions; who are immunocompromised; with severe obesity (body mass index [BMI] of 40 or higher); with diabetes; with chronic kidney disease undergoing dialysis; with liver disease

Employees who have been instructed to return to their work location and have concerns about doing so, due to a medical condition should visit the [HRS Disability Services website](#) or contact the HRS main line at (509) 335-4521.

4. Employees returning to work must complete [online training](#) and conduct [symptom self-attestation](#) every day. If an employee is feeling sick with fever, cough or respiratory symptoms, they should stay home and contact their health care provider.

5. Face coverings must be worn by all employees. If you do not have a face covering, one will be provided to you. If unable to wear a face covering, due to a medical condition, please visit the [HRS Disability Services website](#) or contact the HRS main line at (509) 335-4521 to discuss options.

7. Adequate distance will be maintained between open work environments, i.e. cubicles

8. In-person meetings should be avoided as much as possible. If in-person meeting is necessary, participants must follow social distancing requirements.

### 10. Mental and Emotional Well-Being:

**Employees**—Contact EAP by calling 1-877-313-4455 or visiting the [EAP website](#).

**Students**—WSU Health Sciences Counseling Services by calling 509-358-7740, or by filling out this [form](#). In Yakima, call Lesley Brown at 509-494-7925 or [Lesley.brown@wsu.edu](mailto:Lesley.brown@wsu.edu).